



ITEMS OF INTEREST:

<i>Calendar of Events</i>	2
<i>Workshops & Studies</i>	3
<i>Health Ministry News</i>	4
<i>Children's Story Time</i>	5
<i>Renovation Loan</i>	6
<i>Library Corner</i>	8

Directions for the Trail



FROM THE PASTOR'S DESK

Many of you have probably already heard that our church office staff is going through some change. For a few months the Staff Parish Relations committee and I have been working to upgrade our current church secretary position to a new position called Church Administrator.

As our church program and ministry has grown it has become increasingly apparent that we needed some additional technology and Internet skills of staff in the office. In the discussion of these needs it seemed best for several reasons to upgrade our current secretary position to include these additional needs rather than attempting to add an

additional part time staff member.

A job description for this new position has been completed and advertising for applicants is currently underway. Copies of the new job description are available through the church office and we would encourage you to share this information with anyone you might feel is a strong candidate.

As with any change not all of it is easy or pleasant and one of the really difficult parts of this new direction is the decision of our current church secretary Chris Breznikar to retire. Thursday May 24th was Chris' last day with us so we say good bye to her after nine years of service to our congregation and wish her the very best.

I strongly encourage your prayers as we move

forward in the selection process of this new member to our staff. This position is critical to the future growth and health of our congregation and addresses several areas of need, which have existed for some time.

My personal thanks to so many who have helped to make this new position possible and to Chris Breznikar for nine years of dedicated service.

Your servant in Christ,

Larry A. Gilbert

Church Yard Sale



Time to clean out the closets, drawers, cabinets, etc. for the UMC YARD SALE which will be a bit earlier this year -- July 27-28. Proceeds from this event will be applied to the renovation debt.

Check the July COMPASS for more information!





JUNE CALENDAR OF EVENTS

- 1 - Adult Spiritual Formation Meeting, 8 am
- 4 - Relay For Life Meeting, 5:30 pm
- 7 - Scouts Roundtable Session, 6 pm
- 10 - CYF/JYF Meetings, 5 pm
- 11 - Nurture & Care Meeting, 7 pm
- 12 - "Living By the Book" Men's & Women's Bible Study, 10 am
Young @ Heart Lunch, 12 pm / Board of Trustees, 6 pm
Finance Meeting, 7 pm
- 13 - Staff Meeting, 9:30 am / Service & Missions Meeting, 7 pm
- 14 - Praying Out Loud Workshop, 6:30 pm
- 19 - Men's & Women's Bible Study, 10 am / Staff/Parish Meeting, 5 pm
- 21 - Praying Out Loud Workshop, 6:30 pm / Women's Book Study, 6:30 pm
- 22 - Children's Story Time, 10 am
- 24 - JYF to Cape Splash, 2 pm / CYF Meeting, 5 pm
Neighborhood Prayer Walk, 6 pm
- 26 - Men's & Women's Bible Study, 10 am
- 27 - Youth Ministry Meeting, 6:30 pm
- 28 - Praying Out Loud Workshop, 6:30 pm / Women's Book Study, 6:30 pm
- 29 - Children's Story Time, 10 am



Youth Group News...

June 10: CYF/JYF Meeting 5-6:30 p.m.

June 24: CYF Meeting 5-6:30 p.m.
JYF going to Cape Splash Water Park; leave 2 p.m., return 6:30 p.m.

July 8: CYF Picnic in the Park 4-6:30 p.m.
JYF Meeting 5-6:30 p.m.

July 22: CYF/JYF Meeting 5-6:30 p.m.

July 25: CYF/JYF Trip to St. Louis Fun Day, leave 7:30 a.m. Return 7 p.m.

- *CYF: Christian Youth Fellowship (3rd - 5th grade)
- *JYF: Junior Youth Fellowship (6th - 8th grade)
- *Sr. UMYF: United Methodist Youth Fellowship

JUNE

Ushers

*Rick Runge
Kyle Quigley
Erin Mileur
Bob Eaton
Trina Eaton*

Sunday Stewards

*Rob Williams
Rick Pierson
Ricky Pierson
Rick Runge
Bert Ozburn
Cliff Buchholz
Ron Moutardier
Dick Graff*

Welcome Center

Hostesses

June 3

*Sharon Graff
Pam Crews*

June 10 & 17

*Patti Shields
Kathy Blackwell*

June 24

*Wilma Westerfield
Marilyn Perry*

Acolytes

June 3

*Emma Bigham
Lily Schaldemose*

June 10

*Aiden McNitt
Ryan Finke*

June 17

*Lucas Bigham
Adam Barringer*

June 24

*Briana Bean
Allison Brown*

Praying Out Loud Workshop
Thursdays, June 7—21
6-8 p.m.
Led by Pastor Larry



It's always amazing to me how often we expect ourselves and/or others to be able to do things, which we have never been taught or trained to do. This is especially true in the church when it comes to the discipline of prayer and offer a prayer out loud to a group.

For many praying alone has it's challenges and then you add the fact that now you have to do it in front of people and many if not most people are anxious or even down right afraid.

Well don't worry. Praying out loud with others is a skill, which almost anyone can be taught. With the proper small steps and understanding the barriers involved almost anyone can grow at ease in this practice.

For three weeks I will gather with those who would like to learn to overcome the anxiety associated with praying out loud. We will study, learn and, yes, pray together as we develop this discipline in our lives.

Meeting times: Thursday, June 7 - 6-8 p.m.
 Thursday, June 14 - 6-8 p.m.
 Thursday, June 21 - 6-8 p.m.

ATTENTION ALL WIVES!!

What's it like to be Married to Me?

A new book study is coming this summer.

Thursdays, June 21st, 6:30-8:00 p.m.

Led by **Scarlett Pierson**

Childcare Provided

Sign up in the **Welcome Center** Or on the **MUMC Moms Facebook Page.**

And Other Dangerous Questions

LINDA DILLOW

MEN's and WOMEN's BIBLE STUDY

HOWARD G. HENDRICKS
 WILLIAM D. HENDRICKS

MORE THAN 300,000 SOLD

LIVING BY THE BOOK



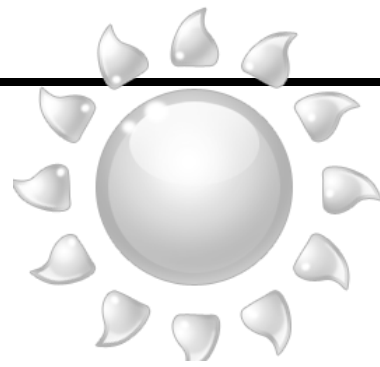
Revised and Updated
 FOREWORD BY CHARLES R. SWINDOLL

Learn how to study your bible.

June 12th - July 31st
 10-11:30 a.m.

Video based study
 Led by Scarlett Pierson
 Sign-up coming soon!

This is a Bible study curriculum is tailor-fit to equip and train you to be able to study the Bible in an organized, systematic way with easy to follow instructions and guidelines.



HEALTHY SKIN IS ALWAYS IN

Heavenly Sunshine, Heavenly Sunshine. Many of you remember this short song that we sang in our childhood. We took chances that we (and our mothers) didn't realize were dangerous. We played, worked, and slept in the sun.

I now have many friends that have skin cancer issues that they are dealing with due to the over exposure of the sun. The American Cancer Society gives us advice to help protect our families and us from harmful rays.

Remember Slip, Slop, Slap.

***Slip on a shirt:** Cover up with protective clothing to guard as much skin as possible when you are out in the sun. Choose comfortable clothes made of tightly woven fabrics that you cannot see through when held up to a light.

***Slop on sunscreen:** Use sunscreen and lip balm with a sun protection factor (SPF) of 15 or higher. Apply a generous amount of sunscreen (about a palmful) and reapply every 2 hours and after swimming, toweling dry, or sweating. Use sunscreen even on hazy or overcast days.

***Slap on a hat:** Cover your head with a wide-brimmed hat, shading your face, ears, and neck. If you choose a baseball cap, remember to protect your ears and neck with sunscreen.

Skin cancer can be found early, and both doctors and patients play important roles in finding skin cancer. If you have any of the following symptoms, tell your doctor.

*Any change on your skin, especially in the size or color of a mole, growth, or spot, or a new growth (even if it has no color)

*Scaliness, oozing, bleeding, or change in the appearance of a bump or nodule

*The spread of pigmentation (color) beyond its border, such as dark coloring that spreads past the edge of a mole or mark

*A change in sensation, such as itchiness, tenderness, or pain

Take care of each other and enjoy the Heavenly Sunshine safely.

Your health ministry team.





COMING THIS FALL.....
“TRAIL DAY”
STARRING SCOTT BALLARD

WATCH FOR TRAIL DAY T-SHIRT SALES ON JUNE 17TH AND 24TH

Children's Summer Story Time Coming Soon!

Children's Story time will be held in the Pavilion on four Fridays this summer. The first one will be on June 22nd at 10:00 a.m. Kids and their parents or grandparents are invited to come and have a fun time! We will have a story telling time, songs, crafts and snacks. Each session will last approximately 45 minutes.



This is a joint project of the Library Committee, Services and Missions, and the Children / Youth Spiritual Formation. We hope not only to offer some fun and meaningful stories to the children of our church, but also to reach out to others outside our church, including our immediate neighborhood.

The four Fridays are June 22, June 29, July 6 and July 13. All sessions start at 10:00 a.m.

We hope to see children enjoy this experience and then come to Vacation Bible School. That will start on Sunday, July 15th, and will be another great experience for children.

Please come! Invite others!

We're getting there...

The church's renovation loan has gone from \$633,439 starting in 2006 to \$265,761 as of April 30, 2012. The recent debt elimination campaign started in June, 2010 has helped considerably and will reduce the debt to about \$224,000 by June, 2013 when the campaign pledges end. What will it take to get us to a zero balance by June, 2017? It would take \$4,794 a month beginning this June. Our current monthly loan payment is \$3,758 so this would mean we need to increase the required payment by about \$1,000 per month to wipe out the debt in 5 years by June, 2017. Is this possible?

Our most recent loan history would indicate, "Yes, we can!" For the year 2010, the average payment was \$7,605. In 2011, the average payment was \$5,866. As of April, 2012 we have averaged \$5,674 a month. So, a payment of \$4,794 is very possible. If we averaged \$5,092 a month we could reduce the debt to zero by June, 2016, just four years from now! Enough numbers for now.

Planning for church upgrades and completing repairs are necessary as the church grows in missions and members. It won't be long until the Board of Trustees and Finance Committee begin working on the 2013 budget. Please keep in mind what the church family means to you and to the community.

The Finance Committee



FIRST ANNUAL BLESSING OF THE ANIMALS

On Sunday, May 20th our church, along with St. Francis CARE Co-Hosted the First Annual Blessing of the Animals service. There were over 50 animals and well over 75 humans in attendance. Each animal received an individual blessing, a certificate of blessing, a bandana, and a bag of treats. The event was a huge success! Thanks to everyone who supported this ministry of neighborhood and community outreach.



For more pictures go to our facebook page or to the website at www.murphysboroumc.com click on the media tab.



Young at Heart

Paul to Appear at Young at Heart

Young at Heart on June 12 will feature Darren Perriman of Woodlawn, IL. Darren is Paul. He has memorized the writings of Paul and presents them in first person. This dramatic presentation is impressive, according to people who have heard him.

Lunch is at noon, cost is \$5.00. Please make your reservation Sunday, June 10 on the church attendance pad.

Menu

- BBQ Pork Steak
- Oven Roasted Potatoes
- Cole Slaw
- Blackeyed Peas
- Corn Bread
- Ambrosia



NURTURE UPDATE...

Co-chairs of Nurture, Lynn Pierson and Sharon Graff, led the Nurture Committee in its May meeting.

We are making plans for one or more sessions to help those of us who are willing to visit our homebound. This orientation and sharing will be led by Earl Renshaw. Watch for this opportunity to be a disciple of Jesus Christ.

Please note an updated list of homebound people of our congregation is available every Sunday at the service desk as you leave the Sanctuary to enter the Education Building. Some of our homebound do not have a person assigned to minister with this person. Consider this an opportunity. As you look at this list, note the last category is a list of our people temporarily, because of a special need, to be not involved in our congregation as much as is normal for them. That list can change weekly.

We also need people to pick up the greeting cards for homebound persons, enclose a personal greeting, and mail these cards to the potential recipient.

Should you be willing to prepare food, or serve food, for Funeral Dinners at our church, contact Joan Bastien or Peg Schuster. Our church family has served several families at a time of death during the past weeks. We thank all of you who participate in this ministry.



The Library Corner: News from the UMC Library



What's New?

Lots of things! Our library shower was a great success in helping us to add new books and DVDs to the library. Thank you, thank you to those who participated. Some bought items from our "wish list", some contributed money, and some offered suggestions and help in buying books that they thought would be good for the library. And we all benefit!

Here is a partial list of our new library additions:

"When Helping Hurts: How to Alleviate Poverty Without Hurting the Poor. . . and Yourself" Sometimes we want to help—but how to get a handle on the best things to do? This book offers concrete ways to look at poverty related issues for an "effective and holistic ministry to the poor."

"The Joy of Listening to God: Hearing the Many Ways God Speaks to Us" by Joyce Hugget. We talk to God—but are we listening to him? Joyce found out she wasn't. She was pouring out her troubles before him, certainly a good thing, but she was missing that whole dimension of being quiet before God, and hearing him. She gives some practical guidance for us on our own walk with God.

Phillip Gulley's **"Harmony"** series. This series starts with "Home to

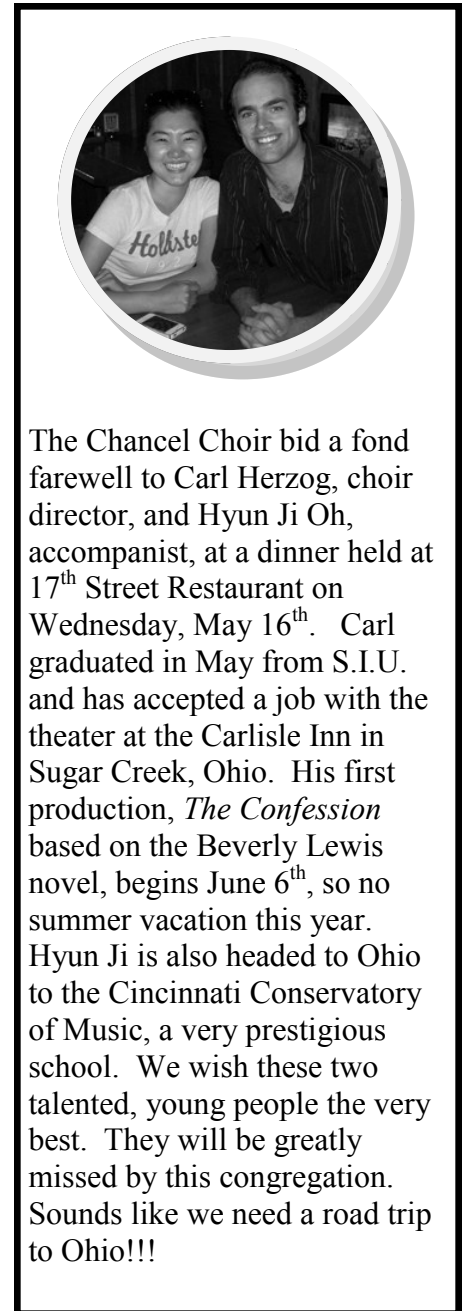
Harmony." Quaker pastor Sam Gardner returns to his home town in despair and suddenly finds himself leading the "Harmony Friends Meeting." It's a church and a town of quirky people, and he loves it. Full of good humor and gentle stories, these books can lead to some laughter and harmony of your own.

Karen Kingsbury and Gary Smalley bring us the **"Redemption"** series of books, which we have in LARGE PRINT. These five books follow the fortunes, misfortunes, tragedies and triumphs of the Baxter family—starting with the book "Redemption" and ending with "Reunion."

"Chariots of Fire" DVD. Based on a true story about runners in the 1924 Olympics, this movie was an Oscar winner and has become a classic. The drama and intensity of the running scenes is made even more powerful by the focus on the characters of the runners-- their dedication, integrity, and commitment. A truly inspirational film.

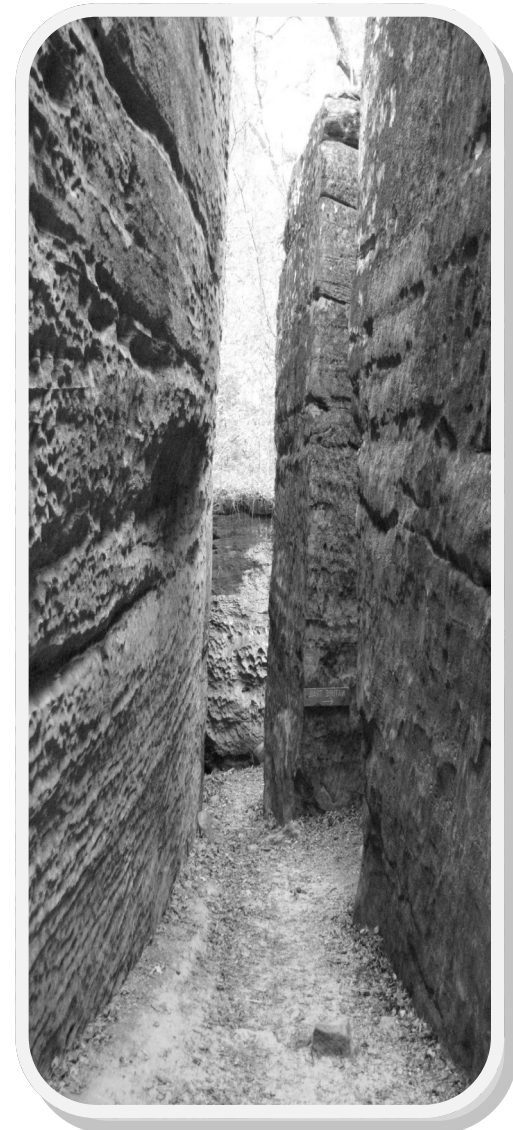
You are invited to keep checking out the library table in the upstairs hall and also the library downstairs. You will find these and other good books featured each week. Happy reading to you!

P.S. Remember that the library is open and available all during the week when the church is open and



The Chancel Choir bid a fond farewell to Carl Herzog, choir director, and Hyun Ji Oh, accompanist, at a dinner held at 17th Street Restaurant on Wednesday, May 16th. Carl graduated in May from S.I.U. and has accepted a job with the theater at the Carlisle Inn in Sugar Creek, Ohio. His first production, *The Confession* based on the Beverly Lewis novel, begins June 6th, so no summer vacation this year. Hyun Ji is also headed to Ohio to the Cincinnati Conservatory of Music, a very prestigious school. We wish these two talented, young people the very best. They will be greatly missed by this congregation. Sounds like we need a road trip to Ohio!!!

You may think you're making the environmentally responsible choice when you request paper instead of plastic bags in the supermarket. But you would be wrong. "Paper is not a good alternative because it has a higher carbon footprint. That means it takes more energy to manufacture the product and transport it and recycle it," said Joan Barenfanger of the Green Business Network of Springfield. She oversees the network's Better Bag Project, which seeks to increase the use of reusable shopping bags in Springfield. "We don't use the term 'cloth bags' because a lot of them are actually made from plastic," she said. A recent study of shoppers at large retail stores in Springfield revealed that more than 90 percent of them use plastic or paper shopping bags and fewer than 10 percent opt for reusable bags. Of shoppers who use paper or plastic, 95 percent use plastic. The study was done by the Green Business Network with help from the recycling staff at City Water, Light & Power. It takes 12 million barrels of oil to make a year's worth of plastic bags – 100 billion – for Americans, according to the National Cooperative Grocers Association. The production of plastic bags releases toxins into the environment and the bags don't break down in landfills, the grocers association reported. In addition, plastic bags threaten marine animals, which can become strangled in them. Sea animals also can starve when they eat plastic. Scientists recently reported finding plastic in the guts of small fish. These fish are eaten by larger fish, which are then eaten by humans. Paper bags don't harm animals, but their manufacturing produces 70 percent more air pollutants and 50 times more water pollutants than plastic bags. And nearly twice as much energy is required to recycle a pound of paper instead of a pound of plastic, according to the Green Business Network. Governments are dealing with the eco-threat of both paper and plastic bags by enacting bans and fees. San Francisco bans plastic bags and requires shoppers to pay 10 cents for paper bags. Westport, Conn., bans plastic bags. Los Angeles is moving forward with a plan to ban both types of bags in supermarket checkout lanes. In Austin, Texas, a bag ban will begin next year. "I have never liked seeing everybody in grocery stores with plastic shopping bags. One day I decided I had to do something," said Barenfanger, who educates the public about bag problems by speaking to community groups. She shops with reusable bags, but also reuses plastic bags. "I bring them back into the store and display them on my shopping cart. Maybe I can guilt people a little," she said. The Better Bag Project wants retail stores to encourage shoppers to choose reusable bags. For example, clerks can be trained to ask, "Did you bring your own bags?" Stores can have reusable bag promotions that include punch cards, discounts and freebies. Retailers also can switch to more expensive compostable bags, which are biodegradable. (More suggestions can be found at <http://gbns.org/Projects/BetterBagProject.aspx>.) To remind shoppers not to leave reusable bags in their cars, Schnucks at Montvale Junction has a large sign on its building that asks, "Did you remember your reusable bags?" Food Fantasies on Wabash Avenue donates a nickel to local charities each time a shopper either declines a bag, brings in a reusable bag or uses a box from the store. It's dubbed the Nickel Bag Project. Although Barenfanger educates people about bags whenever she gets the chance, she said she sees little change in Springfield's bag habits. "What breaks my heart is seeing a mother or father with a child in a shopping cart with 10 plastic bags," she said. "The child is learning that's OK." Food editor Kathryn Rem can be reached at 788-1520 or kathryn.rem@sj-r.com.



United Methodist Church
1500 Pine Street
Murphysboro, IL 62966

Ministers: The Congregation
Pastor: Larry A. Gilbert
Coordinator of Ministries: Earl R. Renshaw
Discipleship Coordinator: Teresa Gilbert
Financial Secretary: Christine Nolan
Custodian: Elmer McRoy

Phone: 618-687-2317
Fax: 618-687-2604
E-mail: murphysboroumc@frontier.com

We're On The Web!
www.MurphysboroUMC.com



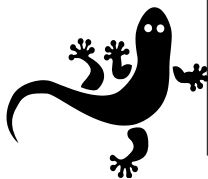
Open Hearts.
Minds.
Doors.

The United Methodist Church

WORSHIP SCHEDULE

Worship Service:
9:00 A.M.

Sunday School:
10:10 A.M.



Non-Profit Organization
U.S. POSTAGE PAID
Murphysboro, IL
Permit No. 63

Return service requested

Birthdays & Anniversaries

In June

4-Susan Patterson	21-John Hudgins
8-Vi Buchholz	21-Mae Neely
9-Mason Schingel	22-Jack Cochran
10-Kyle Miller	25-Carla Quigley
12-Paula Chapa	26-Carmen Chapa
15-Clara Kiser	26-Myrtle McKinnie
16-Bill Pierson	28-Andy Moutardier
17-Don Abbadusky	28-Carl Stoker
20-Emma Bigham	28-Gary Threw
20-Bonnie Pinkerton	30-Dolores Cavaness
20-Michelle Watson	30-Dennis Fager

2-Brad & Soo Jin Fager
8-Gary & Janice Threw
10-Bert & Caroline Ozburn
12-Ken & Vern Cline
14-George & Carolyn Sauer
15-Troy & Lacey Brown
17-Russell & Jo Ann Schirmer
18-Perry & Susan Patterson
22-Paul & Debbie Chapman
22-Glenn & Rhonda Shands
23-Bob & Rosalie Winters
24-Todd & Rene' Doody
25-Arthur & Patricia Porter
27-Bob & Betty Morefield
29-Dennis & Nancy Fager

See You On The
Trail!

If your birthday or anniversary does not appear in the Compass please call the church office.

All information for the Compass must be in the church office by the 20th of each month.