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## *Directions for the Trail*

### FROM THE PASTOR'S DESK

Over the past few weeks as I have focused on the life of Moses, I have tried to imagine what it must have been like to have such an overwhelming call placed on your life. To wake up one day and go through the normal routines of being a shepherd and then almost in an instant to have your whole world turned upside down.

I know this happens to people all the time-not a burning bush call from God but having their worlds turned upside down. A report from your doctor announcing things we never want to hear, a call in the night saying something terrible has happened to family or loved ones, an accident or injury which has long range and permanent consequences are all examples of ways our lives get radically changed.

But for Moses, it wasn't something in life that happened, it was something beyond life...it was God. God was taking Moses from one place in life and moving him to a completely new place in life both figuratively and literally. It is no wonder Moses resisted... not one in a thousand persons (maybe 10,000) would actually welcome this type of radical new life.

Years ago, I heard a gospel song by Susan Ashton called "You Moved Me". Her song reflects this common reluctance of ours to embrace the movement of God in our lives. Parts of the lyrics are "frozen in fear like a rock in the ground, but you moved me."

Those words often strike home for me. Stating my reluctance and or stubbornness to be moved by God to new places on my spiritual journey.

On October 14<sup>th</sup> of this month, we celebrate "Trail Days" as we continue to build on our disciple formation process metaphor of being on a spiritual journey or trail. To be moved on that journey often means to leave behind the comfortable and familiar and travel into the unknown and uncomfortable. It is no wonder we can be a little reluctant to embrace this change.

"Frozen with fear like a rock in the ground" - sometimes that is me. I just thank God that He loves me too much to leave me there. I thank God that He also loves you too much to leave you there.

*See you on the trail!*



### **CHURCH LEADERS**

Please check your mailboxes in the church storage room if you typically receive mail from the church office. Some mailboxes are overflowing.

Thank You!



**It's Here!  
October 14th is Trail Day!**



# COMING SUNDAY, OCT. 14TH

## “TRAIL DAY”

### STARRING SCOTT BALLARD



Please join us and celebrate the beauty of fall as we enjoy the breathtaking natural beauty of Giant City State Park. You will delight in the many activities that await you as the day holds a promise of "*SOMETHING FOR EVERYONE TO ENJOY.*"

#### Schedule:

2:30 p.m. - Meet at the Giant City State Park Visitor's Center or Shelter No. 4



#### 3:00 p.m. - Activities:

Hike led by our knowledgeable trail guide, Scott Ballard.

Learn (or watch) the basics of rappelling down a sandstone cliff.

Watch children play fun games and learn about animals.

(Supervised child care is available).

At the Visitor's Center, discover the natural & cultural history of the park, visit the gift shop, audio-visual room or kids discovery corner.

4:30 p.m. - Return from all activities to the campsite (shuttle service provided)

5:30 p.m. - Picnic, fellowship, campfire and music



***PLEASE COME*** and enjoy the beautiful outdoors in one of the most scenic parks in Southern Illinois where you will take only memories and leave only your footprints!

For more information visit our website [www.murphysboroumc.com](http://www.murphysboroumc.com) or

Call our church office (618) 687-2317



# October

## CALENDAR OF EVENTS

### WORSHIP SERVICE SCHEDULE

#### Ushers

*Todd Lirely  
Scott Ballard  
Ralph Bastien  
Dick Graff  
Sandy Herring*

#### Sunday Stewards

*Cliff Buchholz  
Dick Graff  
Ron Moutardier  
Bert Ozburn  
Rick Pierson  
Ricky Pierson  
Rick Runge  
Rob Williams*

#### Welcome Center

##### Hostesses

##### **Oct. 7**

*Pam Crews  
Sharon Graff*

##### **Oct. 14 & 21**

*Kathy Blackwell  
Patti Shields*

##### **Oct. 28 & Nov. 4**

*Marilyn Perry  
Wilma Westerfield*

##### Acolytes

##### **October 7**

*Caitlin Doody  
Ryan Finke*

##### **October 14**

*Cadence Brown  
Lily Schaldemose*

##### **October 21**

*Emma Bigham  
Cole McNitt*

##### **October 28**

*Cole Fletcher  
Olivia Schaldemose*

- 3 "Nehemiah" Women's Book Study in Faithful Friends 1:00 p.m.  
Choir Practice 6:00 p.m.  
Boy Scouts in Fellowship Hall 6:00 p.m.
- 4 Scout Roundtable in Fellowship Hall 6:00 p.m.  
"Disciple 1" Orientation in Faithful Friends 6:30 p.m.
- 5 Adult Spiritual Formation Meeting in Passages 8:00 a.m.
- 6 Handbell Choir Practice 9:00 a.m.  
A.A. Meeting in Upper Room 10:00 a.m.
- 8 "Future Men" Book Study in Library 6:30 p.m.  
Nurture and Care Meeting in Chapel 7:00 p.m.
- 9 Young At Heart in Fellowship Hall 12:00 noon  
Board of Trustees Meeting in Annex 2nd Floor Classroom 6:00 p.m.  
Finance Meeting in Annex 2nd Floor Classroom 7:00 p.m.
- 10 Staff Meeting in Annex 2nd Floor Classroom 9:00 a.m.  
"Nehemiah" Women's Book Study in Faithful Friends 1:00 p.m.  
Choir Practice 6:00 p.m.  
Boy Scouts in Fellowship Hall 6:00 p.m.  
Service & Missions Meeting in Faithful Friends 7:00 p.m.
- 11 Staff/Parish Committee Meeting in Chapel 6:00 p.m.  
Girl Scouts in Fellowship Hall and Passages 4:30 p.m.
- 13 UMM Breakfast in Fellowship Hall 7:30 a.m.  
Handbell Choir Practice 9:00 a.m.  
A.A. Meeting in Upper Room 10:00 a.m.
- 14 TRAIL DAY!
- 15 Meals on Wheels October 15-19
- 17 "Nehemiah" Women's Book Study in Faithful Friends 1:00 p.m.  
Choir Practice 6:00 p.m.  
Boy Scouts in Fellowship Hall 6:00 p.m.
- 20 New Book Club meets in Library 10:30 a.m.
- 21 YOUTH SUNDAY!
- 22 Card Workshop in Upper Room 6:00 p.m.  
"Future Men" Book Study in Library 6:30 p.m.
- 24 Choir Practice 6:00 p.m.  
Boy Scouts in Fellowship Hall 6:00 p.m.
- 25 Girl Scouts in Fellowship Hall and Passages 4:30 p.m.
- 27 Handbell Choir Practice 9:00 a.m.  
A.A. Meeting in Upper Room 10:00 a.m.
- 31 Choir Practice 6:00 p.m.  
Boy Scouts in Fellowship Hall 6:00 p.m.

*NOTE: There is a calendar on the website that is updated regularly.*

<http://www.murphysboroumc.com>

# Young at Heart

October 9th at 12:00 Noon

## MENU

Homemade Chicken and Dumplings  
 Green Bean Casserole  
 Lettuce Salad  
 Fruit Pie with Ice Cream



## October Noisy Offering For The Wesley Foundation

### PLEASE BE A FEEDER OF THE PACK

*Feeder of the Pack* is a collaborated effort between MUMC and the Murphysboro Food Pantry. Pet food will be distributed to families who qualify for food. The mission of *Feeder of the Pack* is to assist families who are finding it difficult, due to economic hard times, to feed their pet. Large quantities of DRY dog and cat food are needed and can be dropped off at the church office or Food Pantry (M-F, 9-11 a.m.). Monetary donations may be mailed or dropped off at the church office. Please mark checks *Feeder of the Pack*. Any and all donations, no matter how large or small, **are very much appreciated!!!**



If you have questions, want to participate in this mission project, or would like to arrange pick-up of pet food, please contact Trina by email at [trina.eaton1@gmail.com](mailto:trina.eaton1@gmail.com) or call her at (618) 687-3209.



**Featured in our Library and the Library table upstairs...**  
 are books and movies about animals and the people they love. These are stories of love, hope, and endurance. People change the lives of animals, and animals change the lives of people!

*"In his hand is the life of every creature, and the breath of all mankind"* Job 12:10



## PRAYER VINE - COMING SOON

The organization of our **Prayer Tree** is changing. Soon our automated phone system will be sending our prayer requests which have previously been handled by the **Prayer Calling Tree**. If you would like to receive phone calls of incoming prayer requests, please email or call Cathy Lilley, our Church Administrator, at [murphysboroumc@frontier.com](mailto:murphysboroumc@frontier.com) or call the office at 687-2317 to let her know what phone number to use for the new **Prayer Vine**. Please contact Cathy, even if you believe you are already on the current **Prayer Calling Tree**, so that we can assure we have correct contact information. This new system, called the **PRAYER VINE**, should be up and running soon. Please let Cathy know as soon as possible if you want to be included in this prayer ministry list. These changes do not affect the current email prayer chain requests. If you now receive those emails, that will continue unchanged.



## *The Spirit of Christmas*

Advent is the time in the Christian year when we begin our time of expectant waiting and preparation for the celebration of the birth of Jesus. For many years, our congregation has joined other area churches in *The Spirit of Christmas* mission project as part of our Advent activity. The Service and Missions team would like to provide you some historical information about the project and to answer a few frequently asked questions about participation.

*The Spirit of Christmas* is an annual project of The Carbondale Interfaith Council. The project brings together communities of all faiths in an effort to help the neediest in our own backyards. Over the years, the project has benefitted The Women's Center, Migrant Workers, Senior Adult Services, Community Alternative, Rehab & Care Center of Jackson County, Oak Grove, Helia Health Care, Rebound, Good Samaritan, SIRSS, Adolescent Health Center, Archway I and II, and Gillespie Temple.

We may receive gift requests from an elderly person who has no family with whom to celebrate Christmas, a request from a single parent of a newborn or toddler who is struggling to provide for the needs of her child, a request from a teen who has no family support, or a request from a person needing job-appropriate clothing or shoes.

In early November, Gaye Auxier will distribute the names/lists to the various participating groups. The names are fictitious to maintain anonymity and will have been edited for age-appropriateness. **The lists may include numerous items, but you are not required to buy all of the items on the list.** Perhaps you will choose to purchase one fairly expensive item or choose to purchase several less expensive items. Use your own judgment. A Sunday school class or a study group may decide to choose a few names/lists to fulfill as a class or group. Please return your wrapped gifts to the church in the large Ziploc® bag you are given. Gaye and her helpers will transport all the gifts to the distribution center at Grace United Methodist Church's auditorium.

You may opt to contribute a donation to The Carbondale Interfaith Council, designated for *The Spirit of Christmas* rather than choosing a name and shopping for that person. Make checks payable to 'Carbondale Interfaith Council' and Gaye will deliver them to the project coordinator. The Council has volunteers to do last-minute shopping for any names/lists that were not taken.

We hope this helps explain the process for this very important community ministry. We thank you for your support!

*Service and Missions*

# The Library Corner: News from the MUMC Library



A Reader Review by *Kristi Miller*

**Title:** LINSPIRED: The Remarkable Rise of Jeremy Lin

**Author:** Mike Yorkey

**What this book is about:** Jeremy Lin, the newest phenomenon of Pro Basketball, gives his background through high school and college and his pro experience.

**What is interesting / meaningful in this book:** Lin discusses his faith that God has him where he's meant to be, even if it wasn't playing basketball where he (Jeremy) wanted to be.

**Other thoughts:** One of the last chapters discusses Tim Tebow's faith. Both Tebow and Lin are very open and public about their faith.

**Would I recommend it to others?** Yes, it's an interesting history of Lin. The discussion of his faith wasn't as often as I expected, but it's still a good book.

**How many stars (from one to five) does this book rate?** ☆ ☆ ½ (two and one-half stars) Easy read that can be finished in 3 hours.

"Linspired" can be found on the library table in the upstairs hall, or downstairs in the library.

\* \* \*

**Other "Inspiring" Library resources:** For starters, look at the books in the "Inspiration" section of the library downstairs. Or check out the "Memoirs and Biographies" and the "Prayer / Meditations / Devotional" sections. In fact there are many inspiring books throughout the library, and some inspiring movies as well! Some examples:

**"Patches of Godlight: Father Tim's Favorite Quotes"** by Jan Karon. Father Tim is the main character in the "Mitford Series. The quotes are from the Bible, books, and poetry. Very interesting. And Inspiring!

**"God Never Blinks: 50 Lessons for Life's Little Detours"** by Regina Brett. Brett mines her own life to give us nuggets of her hard earned wisdom. Her very first short "lesson" is "Life isn't fair, but it's still good."

Debbie Macomber gives us **"Knit Together: Discover God's Pattern for Your Life."** Debbie shares her own stories of heartaches, frustration, and successes as she encourages us to pursue our dreams with courage.

**Movie Features:** Naturally we have inspiring movies as well. How about checking out **"The Blind Side"**, a story of football, family, and triumph over adversity, starring Sandra Bullock. Or you might try **"Facing the Giants"** also a movie about football, where a coach discovers strength in the power of faith.

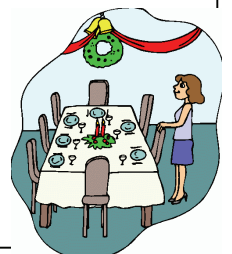
*Come and browse the library—and expect to be inspired!*



**YOUTH SUNDAY  
OCTOBER 21st**

## Murphysboro Community Christmas Dinner

is looking for committee member volunteers to help plan the dinner. They will begin meeting in November. They have head cooks, but need help with the shut-in planning, ordering, etc. Please call Mary Ann Chambers Hinchcliff at 303-4768 for more information or to volunteer for this heartfelt ministry.





**MARK YOUR CALENDARS**

- October 7:** JYF Practice for Youth Sunday
- October 14:** **TRAIL DAY!!!**  
JYF Practice for Youth Sunday
- October 20:** CYF/JYF Practice for Youth Sunday  
5:00-6:30 p.m.
- October 21:** **YOUTH SUNDAY!!!**
- October 28:** CYF/JYF Meeting 5:00-6:30 p.m.

***BRING A FRIEND!***

- \*CYF: Christian Youth Fellowship (3rd - 5th grade)
- \*JYF: Junior Youth Fellowship (6th - 8th grade)
- \*Sr. UMYF: United Methodist Youth Fellowship (9th - 12th Grade)

**RESPECT LIFE SUNDAY**

**Oct. 7, 2012**

**2:00-3:00 p.m.**

Carbondale City Pavilion  
Main Street and Illinois Avenue

*Stand Up For The Little Guy!*

*Communities Standing Together  
in Prayer to End Abortion!*

[www.lifechain.net](http://www.lifechain.net)

If anyone has any neighborhood or community projects for us to look into, please contact a member of the MUMC **Service and Missions Committee** or call the church office at 687-2317.

**See You on the Trail!**



Do you have wares to sell? Or tickets to upcoming events for sale? You can set up a table in the Fellowship Café on Sunday before and after Worship Service. Just contact Cathy in the church office and she will put up a sign in church announcing that your items/tickets are available for sale in the Fellowship Café.

Many **THANKS** to the wonderful folding team that comes in each month to prepare our newsletter for mailing.

*You are truly a blessing!*

**NURTURE & CARE**

Please contact Cathy in the church office at 687-2317 when you are blessed with a new child or grandchild so that we may celebrate with you! Remember that if anyone is needing pastoral care for illness, hospitalization, surgery, etc...they need to contact Cathy in the church office by calling 687-2317.



United Methodist Church  
1500 Pine Street  
Murphysboro, IL 62966

Ministers: The Congregation  
Pastor: Larry A. Gilbert  
Coordinator of Ministries: Earl R. Renshaw  
Discipleship Coordinator: Teresa Gilbert  
Financial Secretary: Christine Nolan  
Church Administrator: Cathy Lilley  
Custodian: Elmer McRoy

Office Hours: M-F 9:00 a.m. to 2:00 p.m.  
Phone: 618-687-2317  
Fax: 618-687-2604

We're On The Web!  
[www.MurphysboroUMC.com](http://www.MurphysboroUMC.com)



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Return service requested

# Birthdays & Anniversaries

## October Birthdays

*Happy Birthday*

- |                     |                        |
|---------------------|------------------------|
| 5 KEN CLINE         | 15 MARY JANE WILLIAMS  |
| 6 LIZ RIDGEWAY      | 18 ANDY MCNITT         |
| 7 JENNIFER WATSON   | 19 ADAM BARRINGER      |
| 8 ALLISON BARRINGER | 21 LARRY GILBERT       |
| 8 ELLEN MCNITT      | 22 GARY WECE           |
| 9 CAROLYN OZBURN    | 23 KEVIN MOREFIELD     |
| 10 BOB MOREFIELD    | 24 MARY ANN HINCHCLIFF |
| 12 LIZ LOVELL       | 28 MARGIE STILLEY      |
| 12 RICK RUNGE       | 28 BARB ZIMMERMAN      |
| 13 BRADEN MILLER    | 30 LONDON WATSON       |
| 15 JOANN SCHIRMER   |                        |

See You On The  
*Trail!*

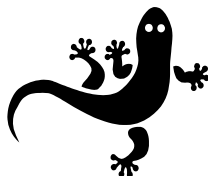


**Open** Hearts.  
Minds.  
Doors.  
The United Methodist Church

## WORSHIP SCHEDULE

Worship Service:  
9:00 A.M.

Sunday School:  
10:10 A.M.



## OCTOBER ANNIVERSARIES

- 5 Rick & Lynn Pierson
- 9 Bud & Marilyn Glasford
- 15 Bill & Carla Quigley
- 16 Harold & Marlene Gibbs
- 25 Eddie & Paula Chapa
- 26 Earl & Sandra Renshaw
- 26 Roger & Sharon Medlen
- 27 James & Heather Bean
- 29 Ryan & Brooke Guthman
- 29 Cliff & Elene Swafford

If your birthday or anniversary does not appear in the Compass newsletter, please contact Cathy in the Church office at 687-2317.



Please submit information for the November COMPASS newsletter no later than noon on Friday, October 19th.