



## Directions for the Trail

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## FROM THE PASTOR'S DESK

During the month of July our spiritual focus will be **fasting**. If you look up **fasting** on the Internet, you will find a vast array of information. It is a spiritual discipline, which is practiced in dozens of religions around the world and has been for thousands of years. Ancient writings of various religious traditions record the application of **fasting** as a way to more fully connect with the spiritual life of that faith.

However, if you ask others or me why is **fasting** associated with spiritual practices or how does fasting help us become more spiritual it might be difficult to get a clear and precise answer. I guess I might have to say I really don't understand how or why it works but it has for thousands of years and still does today.

But don't take my word for it. During this month, I invite you to practice the discipline of **fasting**. We will offer a different type of fast each week in the hopes that one, if not all of them, might help you experience the spiritual benefits of this discipline which have been recorded for years.

As we consider this emphasis on **fasting** I would like to share with you one of many passages of scripture on this topic. The Old Testament prophet Isaiah shares a stirring account of **fasting** in the 58th chapter of his book. Here the writer clearly strikes at the heart of the purpose of all spiritual disciplines ~ to transform us as persons into who God created and called us to be.

Take a moment and read Isaiah 58 and set your heart and mind to practice **fasting**.

Your servant in Christ,  
*Larry*

### Wednesday

### Prayer Group

Begins at 9:30 a.m.  
Church Prayer Room  
Come and Pray  
With Us!

*Everyone Welcome!*

Praying Through  
God's Word

### WEEKLY BULLETIN

#### DEADLINE

Wednesday  
10:00 a.m.

### COMPASS

### NEWSLETTER

#### DEADLINE

Monday, July 15th  
12:00 noon  
(3rd Monday of month)

# JULY 2013 CALENDAR OF EVENTS

- 1 \* *Power of a Praying Husband* Dads' Book Study at 6:30 p.m. in Library
- 2 \* Nothing Scheduled
- 3 \* Boy Scouts at 6:00 p.m. in Fellowship Hall  
\* Wednesday night A.A. Meeting at 7:00 p.m. in Upper Room
- 4 \* Happy 4th of July (Office closed for holiday)
- 5 \* Nothing Scheduled
- 6 \* A.A. Meeting at 10:00 a.m. in Upper Room
- 7 \* Communion Training at 5:00 p.m.  
Prayer Walk at 7:00 p.m. (meet under Pavilion)
- 8 \* Nurture & Care Meeting at 1:00 p.m. in Trailblazers' Classroom
- 9 \* Young at Heart at 12:00 noon in Fellowship Hall  
\* *So Long Insecurity* Moms' Book Study at 6:00 p.m. in Library (last session)  
\* Board of Trustees Meeting at 6:00 p.m. in Annex  
\* Finance Committee Meeting at 7:00 p.m. in Annex
- 10 \* Staff Meeting at 9:00 a.m. in Annex  
\* Boy Scouts at 6:00 p.m. in Fellowship Hall  
\* Wednesday night A.A. Meeting at 7:00 p.m. in Upper Room
- 11 \* Girl Scouts at 4:30 p.m. in Fellowship Hall and Passages
- 12 \* Feeder of the Pack "Packers" at 10:00 a.m. in Fellowship Hall  
\* Daisy Troop 8225 at 7:00 p.m. in Journeys
- 13 \* UMM Breakfast at 7:30 a.m. in Fellowship Hall  
\* A.A. Meeting at 10:00 a.m. in Upper Room
- 14 \* Vacation Bible School at 5:00 p.m.
- 15-19 \* Meals on Wheels
- 15 \* Vacation Bible School at 5:00 p.m.  
\* *Power of a Praying Husband* Dads' Book Study at 6:30 p.m. in Library (last session)
- 16 \* Vacation Bible School at 5:00 p.m.
- 17 \* Vacation Bible School at 5:00 p.m.  
\* Boy Scouts at 6:00 p.m. in Fellowship Hall  
\* Service and Missions at 6:30 p.m. in Annex  
\* Wednesday night A.A. Meeting at 7:00 p.m. in Upper Room
- 18 \* Vacation Bible School at 5:00 p.m. (final night)
- 19 \* Yard Sale Drop-Off from 9:00 a.m. to 12:00 noon in Fellowship Hall
- 20 \* Yard Sale Drop-Off from 9:00 a.m. to 12:00 noon in Fellowship Hall  
\* A.A. Meeting at 10:00 a.m. in Upper Room  
\* Saturday Book Club (*When Mockingbirds Sing* by Billy Coffey) at 10:30 a.m. in Library
- 21 \* Hospitality Ministry Meeting at 11:15 a.m. in Chapel  
\* Youth Swim/Picnic at Bigham Lake at 2:30 p.m.
- 22 \* Yard Sale Drop-Off from 9:00 a.m. to 12:00 noon in Fellowship Hall  
\* Card Workshop at 6:00 p.m. in Upper Room
- 23 \* Yard Sale Drop-Off from 9:00 a.m. to 12:00 noon in Fellowship Hall  
\* Church Council Meeting at 6:00 p.m. in Chapel
- 24 \* LAST DAY for Yard Sale Drop-Off from 9:00 a.m. to 12:00 noon in Fellowship Hall  
\* Boy Scouts at 6:00 p.m. under Pavilion  
\* Children and Youth Spiritual Formation Team at 6:30 p.m. in Chapel  
\* Wednesday night A.A. Meeting at 7:00 p.m. in Upper Room
- 25 \* Girl Scouts at 4:30 p.m. in Passages
- 26 \* Yard Sale from 3:00-6:00 p.m. in Fellowship Hall  
\* Scrapbook & Scripture at 6:00 p.m. in Upper Room
- 27 \* Yard Sale from 8:00 a.m.-12:00 p.m. in Fellowship Hall  
\* A.A. Meeting at 10:00 a.m. in Upper Room
- 28 \* Meal and a Movie at noon in Fellowship Hall
- 29 \* Publicity and Promotions Team at 6:00 p.m. in Annex
- 30 \* Nothing Scheduled
- 31 \* Boy Scouts at 6:00 p.m. in Fellowship Hall  
\* Wednesday night A.A. Meeting at 7:00 p.m. in Upper Room

## WORSHIP SERVICE SCHEDULE

### July Worship Leader

*Rick Runge*

### Ushers

*Todd Lirely, Captain  
Scott Ballard  
Ralph Bastien  
Dick Graff  
Sandy Herring*

### Sunday Stewards

*Everett Blackwell  
Troy Brown  
Ron Kiser  
Bill McNitt  
Marty McNitt  
Gene Schwebel*

### Welcome Hostesses

#### **July 7**

*Kay Bozarth  
Kathy Bratton*

#### **July 14 & 21**

*Jennifer O'Donnell  
Terri Yates*

#### **July 28 & Aug. 4**

*Barbara Hughes  
Adrienne Will*

### Prayer Request

#### Readers

#### **July 7**

*Mary Jane Williams*

#### **July 14**

*Kristi Miller*

#### **July 21**

*Emily Wece*

#### **July 28**

*Adrienne Will*

### Acolytes

#### **July 7**

*Lucas Bigham  
Allison Brown*

#### **July 14**

*Aiden McNitt  
Lillie Schaldemose*

#### **July 21**

*Cadence Brown  
Drake Rogus*

#### **July 28**

*Tyler Doody  
Ryan Finke*

## The Library Corner: News from the MUMC Library



### The Fun in Fiction!

Ah, the pleasure of taking a break from our daily routines by picking up a book and reading about other lives and other times! Here is a sampling of fiction from the church library - some drama, some mystery, some romance, and all absorbing--just the thing for relaxing on a warm summer afternoon!

**Safe at Home** by Richard Doster. It's summer. It's 1953. It's baseball. What's not to like? There's a lot to like in this novel of a small southern town, proud of its local team the Bobcats, although the team is not doing too well this year. What does it need? A star player. And what if the star that shows up is black, not white? Here is a test of hearts, minds, and faith in a town that needed to change - but just didn't know it yet.

**All She Ever Wanted**, by Lynn Austin. This is our newest fiction book by this very popular author and Christy award winner. In this book a woman estranged from her family for many years goes back home again in the hope that by doing so she can salvage her relationship to her own daughter. The journey back home into her past also leads her to secrets from the pasts of her own mother and grandmother.

**Water's Edge** by Robert Whitlow. Nothing is going right for the up-and-coming young attorney Tom Crane. His father dies in a boating accident, and then in quick succession he loses his job, and his fiancé calls it quits. He reluctantly returns home to deal with his father's estate, but finds himself in deep and mysterious waters, as he finds a secret bank account, and evidence his father's death may not have been accidental. And the plot thickens from there!

The **East of Eden** series, starting with **Tomorrow's Treasure**. Love, betrayal, war, a fabulous stolen diamond—all of this is in the background of Evy Varley, who has no idea of the drama and secrets that are in her family's past. This young woman, full of faith, must find out about the past in order to find her future.

**The Secret** is the first book in the "Seasons of Grace" series of Amish novels by popular author Beverly Lewis. The young world of Grace Byler falls apart when her mother first takes to leaving the house on mysterious walks at night, and then just leaves all together—with no explanation to her husband Judah, or to Grace, or to any of the family.

Our fiction section is bursting at the seams! We add new books every month. Some of these books will be just right for your summer reading pleasure. Come and browse!

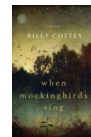
P.S. For even more fun, check out our book "potluck" at the Little Free Library box near the Pavilion. Open up the doors and see what books are there that day...and try something new!

### Saturday Book Club Meeting

July 20th at 10:30 a.m. in the Church Library

**When Mockingbirds Sing** by Billy Coffey

Contact Emily Wece at [ewece88@gmail.com](mailto:ewece88@gmail.com) or 618-559-0329



**Check the frames**  
inside the west doors  
that hold the daily  
activities for the week.

### JULY~AUGUST UPPER ROOM DEVOTIONALS

NOW AVAILABLE IN BACK OF CHURCH.  
JUST PUT YOUR DONATION IN THE SLOT.  
REGULAR AND LARGE PRINT AVAILABLE.  
**OFFERS DAILY SCRIPTURES, THOUGHTS,  
STORIES, PRAYERS, AND FOCUS.**  
**"YOUR PLACE TO MEET GOD"**

### YOUTH CALENDAR

- July 14:** \* Vacation Bible School (through July 18)
- July 21:** \* Swim/Picnic at Bigham Lake for CYF/JYF/Sr. UMYF
- July 28:** \* Regular Meeting for CYF/JYF/Sr. UMYF
- August 10:** \* Holiday World for JYF/Sr. UMYF
- August 11:** \* Cape Splash for CYF
- August 25:** \* Regular Meeting for CYF/JYF/Sr. UMYF

\*CYF: Christian Youth Fellowship (3rd - 5th grade)  
 \*JYF: Junior Youth Fellowship (6th - 8th grade)  
 \*Sr. UMYF: United Methodist Youth Fellowship (9th - 12th grade)



### Kingdom Rock Vacation Bible School

July 14th-18th  
Dinner at 5:00 p.m.

Don't Miss It!  
Bring a friend or two!

### DONATIONS NEEDED

Last year, we fed over 50 children and volunteers every night for five (5) nights. If you would like to make a monetary donation to this ministry, please give cash donations to the church office or place checks in the offering plate (make payable to MUMC and put VBS on memo line).

  
**July Noisy Offering**  
**For**  
**School Supplies for**  
**Murphysboro & Cobden**  
 We are also collecting school supplies the month of July and through mid-August. Please put your donations in the tote in back of church.

### Return Mission Trip to Camp Restore

We are returning to New Orleans  
October 20th-26th  
Cost is \$300.

Payments of \$100 can be made.

Due on July 15, August 15, and September 15.

Please contact the church office if you are interested in participating in this ministry trip.



### Food Sanitation Class OPEN TO PUBLIC!

MUMC will be hosting a food sanitation class on August 5, 6 and 7 from 5:00-9:00 p.m. Twelve hours of attendance is required to get certified. Cost is \$60 per person and will be held at the church. The class is open to the public so pass the information along to friends and family.

Contact the church office to register or for more information.



**July 9th**  
12:00 noon  
Fellowship Hall

**MENU**

*Indoor Picnic*  
Hamburgers and Hot Dogs  
Baked Beans and Chips  
Watermelon

### Save Your Stuff!!!

Doing your spring cleaning?  
Don't throw away your stuff!

Save it for the **ANNUAL YARD SALE!**

The proceeds this year support MUMC Service and Missions projects. Yard Sale is July 26th from 3:00-6:00 p.m. and July 27th from 8:00 a.m.-12:00 noon.

Drop off dates are July 19th-24th in the church from 9:00 a.m. to 12:00 noon.

Call Lynn at 684-3601 or Rob at 713-0843 or the Church Office at 687-2317

for more information or to arrange early drop-off.

## COMMUNION TRAINING Sunday, July 7th

5:00-7:00 p.m. in Church Sanctuary  
For communion ushers, those who currently serve communion and anyone interested in becoming a part of the communion service team. The current processes and procedures along with any new developing items will be covered. Please contact the church office if interested in participating in this ministry or you would like more information.

## Holy Land Trip Information It's Not Too Late!

There is a trip forming to go to the Holy Lands in spring 2014. If you would like more information, please send your email address or phone number to [murphysboroumc@frontier.com](mailto:murphysboroumc@frontier.com). Someone will contact you with information.

### MEAL AND A MOVIE



### LAST SUNDAY OF EACH MONTH

## Mark Your Calendars! All-Church Picnic

August 18th  
Bigham Lake  
Starts at 2:00 p.m.  
Eat at 5:00 p.m.  
Bring brats or hot dogs and side dish

Do you have wares to sell?  
Or tickets to upcoming events for sale?  
You can set up a table in the Fellowship Café on Sunday before and after Worship Service. Just contact Cathy in the church office and she will put up a sign in church announcing that your items/tickets are available for sale in the Fellowship Café that day.

## Sunday School Teacher Substitutes Needed

We need a *Junior High Sunday School Teacher*. We are also looking for volunteers who are willing to be substitute Sunday School teachers. If you are interested in learning more about this ministry, please contact Diane Schingel at [dianeschingel@yahoo.com](mailto:dianeschingel@yahoo.com).

## AND LET THERE BE LIGHT!!!

Check out the lighting system in the educational wing!

## Church Nursery Needs

Juice Boxes and Snacks with NO NUTS

If anyone has any neighborhood or any community projects for us to look into, please contact a member of the MUMC **Service and Missions Committee** or call the church office at 687-2317.



THANK YOU to Nancy, Joan, Lee, Lela, Rosie, Mildred, and Sharon for coming in Fridays to help with our weekly bulletins!

THANK YOU to our monthly folding team that comes in to assemble, fold, and prepare our monthly newsletter for mailing!

We value our volunteers!



**Murphysboro United Methodist Church**  
**1500 Pine Street**  
**Murphysboro, IL 62966**

**We're On The Web!**  
**www.MurphysboroUMC.com**



**MUMC OFFICE HOURS**

Monday-Thursday from 9:00 a.m. to 2:00 p.m.  
 Friday from 9:00 a.m. to 12:00 p.m.  
 Phone: 618-687-2317 Fax: 618-687-2604  
 E-Mail: murphysboroumc@frontier.com

**SUNDAY WORSHIP SCHEDULE**

Worship Service: 9:00 a.m.  
 Sunday School: 10:10 a.m.

Ministers.....The Congregation  
 Pastor.....Larry A. Gilbert  
 Coordinator of Ministries.....Earl R. Renshaw  
 Discipleship Coordinator.....Teresa Gilbert  
 Financial Secretary.....Christine Nolan  
 Church Administrator.....Cathy Lilley  
 Custodian.....Pat Sullivan  
 Organist.....Micah Mayes  
 Choir Director.....Ricardo King  
 Nursery Attendant.....Tania Cruz

*Happy Birthday*



*Anniversaries  
 and Birthdays*

- 1 KATIE CHAMBERS
- 1 MACKENZIE WATSON
- 3 LOYD EBERSOHL
- 3 FRANCES GREEN
- 3 TASSIE LIRELY
- 3 BILL MARTIN
- 4 RUTH EBERSOHL
- 6 VIOLA PARRISH
- 7 MICKEY JACKSON
- 7 BILL MCGUIRE
- 8 DICK GRAFF
- 8 ASIA WATSON
- 11 JON KORANDO
- 12 JUNE BLACK
- 12 GENE SCHWEBEL
- 13 SHARON JONES
- 14 J. T. JENKINS
- 15 PAM CREWS
- 15 BRITNI SHANDS
- 16 OLLIEBELLE RIDLEY
- 18 OLIVIA SCHALDEMOSE
- 18 LORI CHAPMAN
- 18 JACOB STEWART
- 19 BERT OZBURN
- 20 WILLA ADDISON
- 22 LILLIE SCHALDEMOSE
- 24 JENNIFER O'DONNELL
- 25 RON MOUTARDIER
- 25 LEE RENDLEMAN
- 28 PAUL CHAPMAN
- 29 CODY TWENHAFEL
- 30 FRANCIS ADDISON
- 31 DEBBIE CHAPMAN
- 31 ALBERTA SULLIVAN



**HAPPY ANNIVERSARY**

- 1 CHRIS & STEPHANIE FINKE
- 2 RICK & DEBBIE KORANDO
- 3 RON & CLARA KISER
- 8 BRANT & AMANDA WINGERTER
- 11 MIKE & CAROL DREITH
- 12 RANDY & GAYE AUXIER
- 14 DICK & SHARON GRAFF
- 17 LOYD & RUTH EBERSOHL
- 21 GARY & ROSIE WECE
- 25 JIM & LEE RENDLEMAN
- 26 MARK & DEANA TWENHAFEL
- 27 CARL & GLORIA STOKER
- 30 DAVE & EILEEN AUXIER



If your anniversary or birthday does not appear in the Compass, please contact the Church Office at 687-2317.

