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## FROM THE PASTOR'S DESK

I spent a part of this last month in physical therapy due to lower back pain, which was frustrating for me because I have been going to the gym regularly for over a year to just strengthen my body and improve my overall health. Of course one of the first things they noted was that my lower back muscles were weak, which frustrated me even more. However they showed me a whole series of exercises to do and surprisingly enough most of them I was not doing at the gym. I was working hard and was strengthening many muscles but I was also neglected some important ones and so my overall health was not what I wanted or needed it to be.

Physical health is never about doing just one thing but it is about doing several things in harmony with each other. While one improvement of any kind will impact the whole system for good, exercising with no regard for diet or sufficient rest will not achieve the overall good health one might desire.

I discover this same dynamic in my spiritual life as well. Practicing one or two spiritual disciplines, like going to church and attending Sunday School, is always a positive step but it will only take us so far. Bit by bit we must add to our regimen in order to reach an increased level of spiritual growth and wholeness.

For many Christians, one step is accepting the influence of God in regard to the financial decisions of our lives. This step involves much more than just what I give or do not give on Sunday but directs how I dispose of the remaining part of my financial resources. Allowing God to influence what I buy, what I save, what I invest is a huge step in our spiritual growth and one that few of us take all at once.

As we approach our annual stewardship campaign I just invite you to consider the role God plays in your financial decisions. God is ready to provide amazing counsel and wisdom in this area if we are ready to take his advice. It is so important to remember God does not need or want our financial resources; God wants our hearts, all of our hearts, and for most of us a part of our heart is focused on money.

To God be the Glory,  
 Larry

**WEEKLY BULLETIN  
 DEADLINE  
 Wednesday  
 10:00 a.m.**



NOVEMBER  
 Compass Deadline  
 is October 19  
 THANKS!

**Noisy Mission Offering**



in  
**OCTOBER**  
 is going  
 to

**FEEDER OF THE PACK**

- 1 6:00 pm Scouts Roundtable
- 2 8:30 am Adult Spiritual Formation  
7:00 pm NA Meeting
- 3 9:00 am Handbells  
10:00 am AA Meeting
- 4 4:00 pm Blessing of the Animals  
6:00 pm A Joyful Noise Fundraiser
- 5 7:00 pm AA Big Book Meeting
- 6 6:00 pm Cub Scouts  
6:30 pm Praise Team Practice
- 7 9:30 am "Enough" Study Meeting  
6:00 pm Choir Practice  
Boy Scouts  
6:30 pm Children & Youth Spiritual Formation  
Emergency Preparedness  
7:00 pm AA Meeting
- 8 5:00 pm Daisies & Brownies
- 9 10:00 am Feeder of the Pack  
7:00 pm NA Meeting
- 10 7:30 pm United Methodist Men  
9:00 am Handbell Practice  
10:00 am AA Meeting
- 11 2:00 pm Trail Day-Murphysboro Lake

- 12 5:00 pm Girl Scouts-Juniors  
6:30 pm Girl Scouts-Cadets  
7:00 pm AA Big Book Meeting
- 13 12:00 pm Young at Heart  
6:00 pm Board of Trustees  
Cub Scouts  
6:30 pm Praise Team Practice  
7:00 pm Finance Committee
- 14 6:00 pm Choir Practice  
Boy Scouts  
6:30 pm Publicity and Promotion  
7:00 pm AA Meeting
- 16 7:00 pm NA Meeting
- 17 9:00 am Handbell Practice  
10:00 am AA Meeting  
10:15 am Book Club
- 19 MEALS ON WHEELS WEEK
- 20 6:00 pm Cub Scouts  
6:30 pm Praise Team

- 21 9:00 am Nurture and Care Team  
6:00 pm Choir Practice  
Boy Scouts  
6:30 pm Emergency Preparedness  
7:00 pm Staff Parish Meeting  
Service and Missions Team  
AA Meeting
- 22 5:00 pm Daisies & Brownies
- 23 7:00 pm NA Meeting
- 24 9:00 am Handbell Practice  
10:00 am AA Meeting
- 25 Noon Our Neighbor's Table  
5:00 pm Youth Groups
- 26 5:00 pm Girl Scouts-Juniors  
6:30 pm Girl Scouts-Cadets  
7:00 pm AA Big Book Meeting
- 27 6:00 pm Cub Scouts  
6:30 pm Hospitality Team  
Praise Team Practice
- 28 9:00 am Holy Folders  
6:00 pm Choir Practice  
Boy Scouts  
6:30 pm Youth Ministry Team  
7:00 pm AA Meeting
- 30 7:00 pm NA Meeting
- 31 9:00 am Handbell Practice  
10:00 am AA Meeting  
4:00 pm Trunk or Treat

Rhonda Shands and Ruth Verbal want to thank everyone for their prayers and support following the recent death of Rhonda's husband Glenn Shands. They appreciated the visits, calls, cards and gifts - anyone who helped in any way.



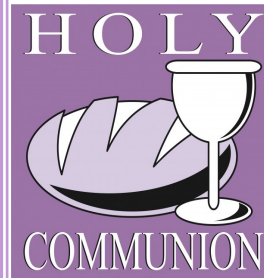
October 2015						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**OCTOBER SERMON SERIES**

**MAJOR MINOR OLD TESTAMENT CHARACTERS**

Ever wonder if you life has the potential to make a huge difference in the world? Join us in October as we explore the significance of the supporting characters in some of the treasured stories in the Old Testament.

- October 4th: the **Story of Ruth**—Where You Go
- October 11th: the **Story of Daniel**—In the King's Service
- October 18th: the **Story of Samuel**—Dedicated to the Lord
- October 25th: the **Story of Esther**—Such a Time as This



Interested in helping SERVE Communion in 2016??

New Communion Stewards are needed to SERVE communion during the worship services. This is separate from the communion prep teams we currently have. Teams will be formed for each service, traditional and praise. Training will be provided. For more information contact Angie Baughman at 618-201-0139 or email [angie\\_baughman@hotmail.com](mailto:angie_baughman@hotmail.com).



**A JOYFUL NOISE**

featuring Special Guest  
**BAREFOOT ON SUNDAY**  
and the music of MUMC  
**CHANCEL CHOIR AND PRAISE TEAM**



**SUNDAY, OCTOBER 4 AT 6:00 PM**

**Come Enjoy an Evening of Music and Fellowship**  
Join us in the Sanctuary for an evening of music and help us raise funds towards the purchase of a new screen at the back of the sanctuary. Enjoy music from the Chancel Choir, the Praise Team and our special guests Barefoot on Sunday - a folk/gospel group.



**Dessert and fellowship following the music in the Fellowship Hall**

*Barefoot on Sunday*



**Couples Date Night**  
**FRIDAY, OCTOBER 2nd, 6pm**

Meet at the  
**BLUE BOAR RESTAURANT**  
in Cobden

Reservation is under MUMC.  
Everyone pays their own way.  
Come and enjoy the fellowship and food!  
Questions? Contact Lee Rendleman  
618-521-4464 or Jennifer O'Donnell  
618-534-3822

*Please Sign-up on the attendance pad so we know how many to expect.*



**CHRISTIAN MEDITATION**

Sundays: OCT 18th & 25th and NOV 1st & 8th  
In the Library

Prayer practice offered by Judy Little, is open to men and women, alumnae as well as new folks. In this traditional and trusted form of Christian meditation, the focus is not so much on words (spoken prayer), but on visualizing a Scriptural passage. The praying person quietly listens, observes, perhaps enters the visualized scene as the praying continues.

This form of prayer provides a "listening" space, and it is very helpful for "insight," also for "discerning" God's call or nudge into commitment and decision. It is one of the ways (not the only one) of "practicing the Presence" of God.

**OUR NEIGHBOR'S TABLE**



**10/25**

**Chicken & Dumpling Dinner**

**LAST SUNDAY OF THE MONTH**

*Fourth Annual*  
**Blessing of the Animals**



**CO-HOSTED BY:**

**Murphysboro United Methodist Church**  
**St. Francis Community Animal Rescue & Education**  
*A FREE EVENT FOR PETS & THEIR PEOPLE*

*Each animal will receive an individual blessing.*

*Your pet Cant Come? Bring collar, tags or toy to be blessed.*  
**MURPHYSBORO UNITED METHODIST CHURCH PAVILION**

**16TH & PINE**

**SUNDAY, OCTOBER 4, 2015**

**4:00 P.M.**

All animals must be brought in carriers or on leashes  
FOR MORE INFORMATION, PLEASE CALL 618-687-3209  
TREATS FOR ALL - COMPLIMENTS OF MARIO'S MAMA PET BAKERY  
Free Blessing Gift



**TRAIL DAY 2015**  
**SUNDAY, OCT 11th, 2-7pm**  
**LAKE MURPHYSBORO**

**CONCESSION AREA SHELTER**  
**Gathering begins at 2pm**  
**2:00 - 4:00pm**

**hiking, games, fishing**

**4:15 - 5:00pm fellowship and music**

**5:00pm - dinner and campfire with s'mores**

**PROVIDED:** fried chicken, plates, napkins, silverware and cups.

**WHAT TO BRING:** lawn chairs, SIDE DISH for dinner, DRINKS, fishing gear, any games you would like to set up.

**OCT 13th Ghostly Lunch**

**12:00 noon**  
**Fellowship Hall**

**Potato Bar with Fixings**  
**Chili with Crackers**  
**Chocolate Dessert**



**Menu - \$5.00 charge**

**Cherry Food Pantry**

**Please don't forget to sign up on the attendance pad!**

**We will see you on the 2nd Tuesday of every month for a delicious meal and fun conversation.**

*Young at Heart is a group of senior adults that meet once a month for food, fellowship and a program*

**YOU ARE INVITED  
TO JOIN THE  
SATURDAY MORNING  
BOOK CLUB**

Saturday, OCTOBER 17th at 10:15 a.m.  
The Book for OCTOBER is  
To Kill a Mockingbird by Harper Lee



Compassionate, dramatic, and deeply moving, **TO KILL A MOCKINGBIRD** takes readers to the roots of human behavior—to innocence and experience, kindness and cruelty, love and hatred, humor and pathos. Now with over 18 million copies in print and translated into forty languages, this regional story by a young Alabama woman claims universal appeal. Harper Lee always considered her book to be a simple love story. Today it is regarded as a masterpiece of American literature.

FUTURE READINGS ARE:

November: **Go Set a Watchman** by Harper Lee  
December: No Book Club meeting.

**CHURCH LIBRARY**

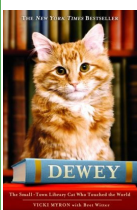
"Love the Lord your God with all your mind."



**THE LIBRARY CORNER: ANIMALS ARE A BLESSING**

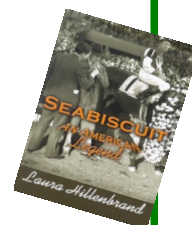
In this month of the Blessing of the Animals event it is time to remember the special place that animals have in our lives, and in the life of the world. We think especially of the pets that live with us. In many ways these animals make us more human, more content, more playful and happier!

In the Church library you will find books and DVDs that spin dramatic, touching stories about pets and their people. Look for these and others in the library and upstairs on the library table:



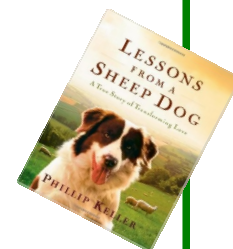
What would a library be without a library cat? Or, failing that, at least a book about a library cat! Well, we have the book, and it is **Dewey: The Small-Town Library Cat Who Touched the World**. This is a true story of a cruelly abandoned kitten who is found in a library drop box, and in return for saving its life, gives back over and over again to the library, the staff, library patrons, and as his fame spreads, to the world. His example of tenacity, intelligence and legendary friendliness, made a difference in many lives.

**Seabiscuit: An American Legend** by Laura Hillenbrand is not a just a great (and true) horse story, it is a great story, period. The tale of this ungainly and unpromising horse is intermingled with the stories of the people who loved him and worked with him. The time is the latter half of the depression, and ultimately this horse with heart becomes a cultural inspiration and legend.



**Blind Hope: An Unwanted Dog And the Woman She Rescued** by Kim Meeder and Laurie Sacher. A lot of real life rescue goes on in this book. Kim and her husband rescue a ravaged piece of ground and begin a ranch to rescue horses, which later also becomes a youth ranch to help children in need. Laurie comes to the ranch to work with children and finds a place there along with her blind rescue dog, which in turn helps Laurie's aching heart heal.

**Lessons From a Sheep Dog** by Phillip Keller tells the story of Phillip and his border collie, Lass. He applies his lessons as Lass's trainer and companion to his relationship with God, in this small and interesting book.



We have DVDs also. Animals and people combine to make good movies! We have:

- ◆ the enjoyable family movie "**Because of Winn-Dixie**"
- ◆ the exciting story of **White Fang**, an adaptation of the novel by Jack London, which features thrilling adventures in the beauty of the Rocky Mountains
- ◆ a terrier and a young boy star in **The Adventures of Greyfriars Bobby**, which is based on a true story. Their adventures help change a community!



Oct 11th Trail Day at Murphysboro Lake 2pm  
 Oct 25th Youth Group 5pm

- \***CYF:** Christian Youth Fellowship (3rd - 5th grade)  
 Leaders: Irma Bigham & Jennifer Watson
- \***JYF:** Junior Youth Fellowship (6th - 8th grade)  
 Leaders: Laurie Nehring & Shannon Vincent
- \***SYF:** Senior Youth Fellowship (9th - 12th grade)  
 Leaders: Lacey Brown & Stephanie Finke

Youth Groups meet  
 the 2nd and 4th Sundays of every month.

## TRUNK OR TREAT IS SATURDAY, OCTOBER 31ST.

Donations of wrapped candy or trinkets and persons willing to provide trunks are needed.

Of course costumes are encouraged! Tubs for candy are at the top of the stairs in the education building. Please contact Lacey

Brown at  
 618-525-5106 or the  
 church office for more  
 information or questions.



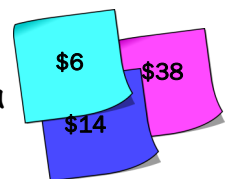
## YOUTH MISSION TRIP TO BELIZE - 2016

The high school youth will be taking a mission trip to Belize during the summer of 2016. As you can imagine, this is quite an undertaking. In order to raise money for this trip they will be doing various fundraisers throughout the year. Although it will be a lot of work, this is an amazing opportunity for our youth to grow closer to God.



### STICKY NOTE PLEDGE BOARD:

We have created a sticky note pledge board located in the downstairs hallway. If you have a chance, please come down and pick a sticky note within your budget.



### THE TOILET IS BACK!

We are bringing back the ever popular toilet fundraiser. Our toilet turmoil will begin on October 4<sup>th</sup>. We will be charging \$5 per day or \$20 per week to have the toilet put in someone's yard. Don't want it in your yard? Never fear! We have insurance available for \$10. Unfortunately, if someone pays for the toilet before you pay for your insurance you are still going to receive it. Pick up a toilet request form or a toilet insurance form from the youth bulletin board or contact Emily Finke 618-967-0866 or Emma Nehring 618-534-9727 for either form.



Let the toilet turmoil begin!



Leah Patterson



Judy Williams

*Welcome*  
to the Newest Members of  
Murphysboro United Methodist Church



***Choir Director, Joseph Ryker and Accompanist/Organist Jenny Choo***



The Chancel Choir was very pleased when they heard that Joseph Ryker had accepted the job as the new choir director. We first met Joseph last spring when he filled in as director for Ricardo one week. At that time many choir members commented how much they liked his direction. When Ricardo tendered his resignation this summer, he recommended Joseph for the job, and the rest is history. Even though Joseph is extremely busy, we felt very privileged that he chose to become our new director. He prefers classical music, so he is really challenging the choir to raise their level of performance. With his university connections, Joseph has enriched our choir with seven college students who are acting as section leaders for the choir. This has helped bolster our confidence and the quality of our performance. The members of the choir love to sing and under Joseph's direction offer our gift of song to the service each Sunday. Joseph obtained his masters degree at SIU Carbondale studying choral conducting, orchestral conducting, and wind conducting. He obtained his bachelors of music degree from Murray State University.

Even though Jenny Choo is now our permanent accompanist and organist, she is not new to our congregation. She has accompanied the choir in the past on numerous occasions and filled in as organist several times. She is such an extremely talented musician that we feel very fortunate she is sharing her musical talents with our church. Jenny is also the organist at Grace Methodist Church in Carbondale so you might notice that she usually has to leave the church quite quickly each Sunday so she can get over to Grace for their late service. It is a blessing that she has chosen to serve our congregation and enhance our Traditional Service each week. Jenny is an active pianist in the area, engaging in various chamber and solo concerts. Jenny is finishing her Master's degree in piano performance at SIU Carbondale.





OCTOBER WORSHIP SERVICE SERVANTS		
TRADITIONAL		PRAISE
<b>Worship Leaders</b> <a href="mailto:mumcministries@gmail.com">mumcministries@gmail.com</a>		
Jennifer Watson		Ed O'Donnell except October 18 Angie Baughman
<b>OCT</b>	<b>Welcome Hostesses</b>	
4	Katherine Twenhafel & Arlene Bitner	
11	Caroline Pederson & Mimi Rice	
18	Caroline Pederson & Mimi Rice	
25	Sharon Graff & Pam Crews	
<b>OCT</b>	<b>Greeters</b>	
4	Allison Vandenberg, Adam Barringer & Ben Barringer	Please Contact Lacey Brown in the Church Office, 687-2317 if able to serve.
11	Everett Blackwell & Pete Pederson	Please Contact Lacey Brown in the Church Office, 687-2317 if able to serve.
18	Everett Blackwell & Pete Pederson	Please Contact Lacey Brown in the Church Office, 687-2317 if able to serve.
25	Carla Quigley & Barb Hughes	Please Contact Lacey Brown in the Church Office, 687-2317 if able to serve.
<b>OCT</b>	<b>Acolytes</b>	
4	Drake Rogus & Ali Bradford	
11	Wesley Graham & Megan McNitt	
18	Maggie Jenkins & Ben Barringer	
25	Ethan Finke & Conner Twenhafel	
<b>OCT</b>	<b>Prayer Request Readers</b>	
4	Nancy Fager	Ed O'Donnell
11	Stephanie Finke	Ed O'Donnell
18	Lou Ann Lough	Angie Baughman
25	Nancy Fager	Ed O'Donnell
<b>OCT</b>	<b>Children's Church Leaders</b>	
4	Tonya Walker	Patty Thraikill & Theresa Mills
11	Jennifer O'Donnell	Katie Schwebel & Katrina Carnes
18	Lacey Brown & Rene' Doody	Ben & Jennie Snyder
25	Diane Schingel	Rick & Scarlett Pierson
<b>OCT</b>	<b>Liturgists</b>	<b>Music Leaders</b>
4	Vanessa Lirely	Lacey Brown
11	Pam Graham	Brian Vincent
18	Clara Kiser	Angie Baughman
25	Rob Williams	Dennis Goforth
<b>Ushers</b>		
Todd Lirely, Scott Ballard, Sandy Herring, Ralph Bastien, Dick Graff and Vanessa Lirely		Ricky Pierson and Brant Wingerter
<b>Sunday Stewards</b>		
Rob Williams, Ron Moutardier and Dick Graff		

OCTOBER			
5	Jamie Stuck	16	Tonya Walker
	Ken Cline	18	Andy McNitt
7	Jennifer Watson	19	Adam Barringer
8	Allison Vandenberg	21	Larry Gilbert
	Ellen McNitt	22	Gary Wece
9	Lora Maye Bitner	23	Emma Nehring
	Carolyn Ozburn	24	Mary Ann Hinchcliff
	Hanna Wece	25	Julie Peterson
	Susan Wirth	26	Cheri Grover
10	Robert Morefield		Haley Howard
11	Amber Smith	28	Brandon Miller
12	Elizabeth Lovell		Margie Stilley
	Rick Runge		Barbara Zimmerman
13	Braden Miller	30	Kyle Quigley
14	Blake Niesporek		London Watson
15	Maya Jenkins	31	Martin Twenhafel
	JoAnn Schirmer		
	Mary Jane Williams		

*Best Wishes  
on your Anniversary*

*If your anniversary or birthday does not appear in the Compass, please contact the Church Office at 687-2317.*

5	Emily & Kyle Hargraves
	Lynn & Richard Pierson
	Sheila & James Stewart
11	Robin & Todd Sievert
12	Bethany & JT Jenkins
15	Carla & Bill Quigley
	Tonya & Scott Walker
16	Marlene & Harold Gibbs
25	Sandra & Earl Renshaw
26	Sharon & Roger Medlen
29	Brooke & Ryan Guthman

Murphysboro United Methodist Church  
1500 Pine Street  
Murphysboro, IL 62966

Non-Profit Organization  
U.S. POSTAGE PAID  
Murphysboro, IL  
Permit No. 63

*Return Service Requested*

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**Murphysboro United Methodist Church**  
**1500 Pine Street**  
**Murphysboro, IL 62966**

*www.murphysboroumc.com*  
*or*  
*join us on facebook*



**MUMC OFFICE HOURS**

Monday-Thursday from 9:00 a.m. to 2:00 p.m.  
Friday from 9:00 a.m. to 12:00 p.m.  
Phone: 618-687-2317 Fax: 618-687-2604  
E-Mail: [murphysboroumc@frontier.com](mailto:murphysboroumc@frontier.com)

**SUNDAY WORSHIP SCHEDULE**

Traditional Service: 9:00 a.m.  
Sunday School: 10:10 a.m.  
Praise Service: 11:15 a.m.

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Ministers .....	The Congregation
Pastor .....	Larry A. Gilbert
Discipleship Coordinator .....	Teresa Gilbert
Interim Minister of Visitation .....	Michelle Parker-Clark
Financial Secretary .....	Christine Nolan
Church Secretary .....	Deb Severa

Ministry Support Assistant.....	Lacey Brown
Custodian .....	Pat Sullivan
Pianist/Organist .....	Jenny Choo
Choir Director.....	Joseph Ryker
Nursery Attendant.....	Caitlyn Boyd
Nursery Attendant.....	Megan Gale

**DON'T MISS TRAIL DAY 2015**  
**SUNDAY, OCTOBER 11, 2-7 pm**  
**Lake Murphysboro Concession Area Shelter**