

HEALTH & WELLNESS FAIR



SUNDAY • OCTOBER 27, 2019
12:00 PM - 2:30 PM

***FLU SHOTS**

***TETANUS SHOTS**

CHOLESTEROL SCREENING

SENIOR CITIZEN PROGRAMS

ALZHEIMERS EDUCATION

WOMEN'S HEALTH

MEN'S HEALTH

NUTRITION EDUCATION

DIABETES EDUCATION

HEALTHY SNACKS

KIDS' GAMES

FIRE SAFETY

BIKE SAFETY

BLOOD SUGAR SCREENING

***Over age 18**

Bring ID and Health Insurance Card

Prizes

Free Meal



Murphysboro United Methodist Church
1500 Pine St, Murphysboro

OPEN TO THE PUBLIC

EVENT SPONSORS

Murphysboro United Methodist Church
 Jackson Co Health Department
 Murphysboro Police Department
 Murphysboro Fire Department

Alzheimer's Association
 Joint Health
 Strong Survivors

SIU Dental Hygiene
 Molina Care
 Murphysboro Food Pantry

SIH
 IlliniCare
 Murphysboro Senior Citizens